

Directions to:

Green Comfort School of Herbal Medicine

[100 Rock Mills Road](#)

[Castleton, VA 22716](#)

540-937-4283

- Our school can be found on Google Maps. Do not follow Mapquest to Castleton, as it is not a town, just an intersection.
- If you follow GPS, it often leads you on gravel back roads, so use the directions below.
- Cell phone reception is not good as you get into the mountains by our school, so make sure to print out these directions.
- We are located 3.5 miles off the 4 Lane (Rt. 211)
- Parking: Pull up the driveway, we have a parking lot on top of the hill, pass in front of house and to left of garage.

Rappahannock County is located West of Warrenton, South of Front Royal and East of Luray, North of Culpepper & Madison. Towns in Rappahannock County to look for on a map are Washington, Sperryville, Flint Hill and Amissville.

From Washington DC & Northern VA Metro area:

66 West to Gainesville exit onto 29 South

Go 12 miles to Warrenton

Exit (two right lanes) onto Business 29 & Route 211 West

Go about three miles through 4 stoplights until you see Burger King on the right.

Turn right onto **Route 211 West**, merge at the yield sign.

22 miles to Washington, enjoy and breath!

Pass Amissville

At Massie's Corner, intersection with Rt. 522 – continue straight

Pass "little" Washington (3 exits on right)

When you see the Shell station on the right, get in the left lane

Pass the Rappahannock Farm and Home Center on right

Turn left, across from the Shops at Ginger Hill & Mountainside Physical Therapy

Left onto #622, Rock Mills Road (home of Flatwood Recycling and Refuse)

3.5 miles to **100 Rock Mills** on the left

look for Bluegrass Lane sign on the left

2nd mailbox on the left after that

Green Gate & green mail box

Green Comfort School of Herbal Medicine sign on gate

From Winchester/ Front Royal or points North:

- v Take 81 South
 - v 66 East
 - v Front Royal exit South onto Route 522
 - v Follow 522 as it weaves through town
 - v Continue another 25 minutes, through Chester Gap & Flint Hill
 - v Right onto Route 211 toward Sperryville
 - v Follow directions above after Massie's Corner, where you turn right onto 211.
 - v 4 miles, left onto [622, Rock Mills Road](#)
 - v 3.5 miles, on the left
- 100 Rock Mills Road, Castleton, VA 22716

From South, Richmond to Fredericksburg

From **95 North** at Fredericksburg take Route 3 to Culpeper-
It will be about 35 miles. Go through lots of stop lights and then country rural.
When you come into Culpeper you turn **right** onto business 522.
Go through 3-4 lights and turn **left onto 522 North**
toward Sperryville, another 20 miles...
Do not take Scrabble Road to Castleton!!!! Keep heading north.
Go slow into the village of **Woodville**,
Pass Red Oak Mountain Road, on the right
turn **Right onto Route [621, Rudasill Mill Road](#)**
Follow to Rock Mills road...
At 5 Forks intersection, continue straight
Continue until you run into Rock Mills Road at the stop sign,
Turn right onto Route 622, my road.
Go 2 miles.....
Pass Bluegrass Lane on the left and go to the second green mailbox on the left
[100 Rock Mills Road](#) on left
Green Comfort School of Herbal Medicine is hanging on the fence.

From Asheville or South via Route 81:

Take 40 East, 77 North and 81 North:
Just north of **Harrisonburg** VA, Take the exit for **Route 211 East at New Market**
Go through the little town and turn left onto Route 11 then to the next light turn Right onto Route 211
East Continue over the mountain, through **Luray**, Shenandoah Valley.
Into Shenandoah National Park, where the entrance to Skyline Drive is at the top of the mountain. Into
Rappahannock County at the top, by the Parkway.
Down into the village of Sperryville.
Go another five miles and pass the Rappahannock High School on the right.
Next Turn Right onto **[Rock Mills Road, Route 622](#)**.
Continue 3.5 miles, to # 100 on the left

From South, Charlottesville:

Depending on where you begin:

Route 29 North takes you through Lynchburg and Charlottesville, VA

Continue North on 29 for another 30 min.

When you see **Madison** School on the right, prepare to turn left

Take the next **left onto Route 231**

Go slowly through Madison and take another left to continue on Rt.231 North

This is a scenic by-way which is sometimes called Sperryville Turnpike or FT Valley Road.

It will be about 25 miles, 30 minutes or so.

Continue until this road comes to a perpendicular crossroads with **Route 522**.

Turn left onto north Rt 522 and roll into Sperryville

At the Corner Store/ Thorton River Grill make a Right to cross river.

At the next stop sign make a right onto **Route 211 East**.

Go about 4 miles.

Pass Rappahannock High School on the right

Take the next right onto Route [622, Rock Mills Road](#) (my road)

Go 3.5 miles.

Pass Bluegrass Lane (blue sign) on left

Second Driveway on left, green mail box and Green Comfort sign

#[100 Rock Mills Road](#)